



Dr. James S. Ashford

Dr. James Ashford is a board-certified Anesthesiologist and Pain Management Physician.

Dr. Ashford completed his residency in Anesthesiology and Perioperative Medicine at Jackson Memorial Hospital in Miami, Florida. Dr. Ashford then completed a fellowship in Pain Medicine at the University of Florida.



CONDITIONS WE TREAT

- Achilles Tendinitis
- Acute Headaches
- Arthritis
- Back Pain
- Bulging Disc
- Cancer Pain
- Carpal Tunnel Syndrome
- Chronic Pain
- Complex Regional Pain Syndrome
- Degenerative Disc Disease
- Face Pain
- Fibromyalgia
- Foot Pain
- Hammer Toe
- Headaches
- Heel Spur
- Hip and Leg Pain
- Joint Pain
- Diabetic Peripheral Neuropathy
- Extruded Discs
- Knee Pain
- Low Back Pain
- Migraine Headaches
- Motor Vehicle Injuries
- Neck Pain
- Osteoarthritis
- Pelvic Pain
- Phantom Limb Pain
- Piriformis Syndrome
- Plantar Fasciitis
- Post Herpetic Neuralgia
- Post Laminectomy Syndrome
- Prolapsed Disc
- Reflex Sympathetic Dystrophy
- Rotator Cuff Tear
- Sacroiliac Joint Pain
- Sciatica
- Scoliosis
- Shingles
- Shoulder Pain
- Spinal Stenosis
- Tension Headaches
- Testicular Pain
- Trigeminal Neuralgia
- Upper Back Pain
- Vertebral Body Fractures
- Vertebral Compression Fractures
- Whiplash Pain

TREATMENTS

Spinal Cord Stimulator Procedure and Permanent Implantation
Vertebral Augmentation/Kyphoplasty
Lumbar Sympathetic Block

EPIDURAL STERIOD INJECTIONS

Medial Branch Nerve Blocks for Neck, Mid, and Lower Back Pain
Radiofrequency Treatment of the Medial Branch Nerves
Sacroiliac Joint Steroid Injection
Trigger Point Injections

REFERRAL FORM

DATE: _____ REASON FOR REFERRAL: _____

PATIENT NAME: _____

PHONE: _____

INSURANCE: YES NO

REFERRING PHYSICIAN: _____

PRACTICE PHONE NUMBER: _____